

Carnes de Guatemala

The ingredients can be edited to your preferences, or what you have in the fridge!



TOTAL TIME:
25 MIN

SERVINGS:
PLENTY!



GF & DF

GLUTEN & DAIRY FREE
(IF USING CORN
TORTILLAS)

RECIPIE FROM:
ARNOLDO!

Thank you to Arnoldo, for submitting this recipe!

Ingredients

1 lb shredded or cubed chicken	1/2 red pepper, chopped
1 lb shrimp	2-3 tsp soy sauce
1 crown broccoli, chopped	3-5 basil leaves
1 head cauliflower, chopped	Tortillas
3 large carrots, chopped	
1/2 onion sliced	
1/2 green pepper chopped	

Instructions

- 1) Fry together in oil until meat and vegetables are cooked, tender, and have a bit of color, then add salt and pepper to taste.
- 2) Serve with warm tortillas.

Enjoy!